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THE ATLANTA JOURNAL-CONSTITUTION



**CYCLE TO THE BEAT
FOR GRADY.**



HELP A GREAT CAUSE WHILE GETTING A GREAT WORKOUT.

Support one of Atlanta's most important resources - Grady Hospital - while enjoying some of the best indoor cycling our city has to offer!

What: 45-minute indoor cycling classes led by our partners from Vibe Ride

When: Saturday, May 4, on the hour from 9:00 to 3:00

Where: The Home Depot Backyard

Why: Because we all need to do our part to support Grady!

All participants receive:

- Entry to the VeloCity Finish Line Festival, with live music from ATL Collective, free food and beverage, an expo, and kids zone
- A great swag bag including an event t-shirt and other great gifts
- Access to the VeloCity massage tent and shower trailer for after your workout (bag check provided)

Registration is only \$25 and indoor cyclists are encouraged to fundraise \$100*. Additional fundraising to support Grady Hospital is encouraged.

**TO LEARN MORE AND SIGN UP TO CYCLE,
VISIT VELOCITYATLANTA.COM**

*Participants are not required to fundraise, and this is simply a suggested amount. Only the registration fee is required to participate in VeloCity 2019 to offset event costs.

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