

VELOCITY 2020

JOIN THE MOVEMENT. GIVE TO GRADY.

RIDE/WALK/RUN • SEP 7 - NOV 7

PRESENTED BY
THE ATLANTA JOURNAL-CONSTITUTION



SUPPORT GRADY - FROM WHEREVER YOU ARE!

- VeloCity is virtual this year! This premier community fundraising event is a way to ensure that Grady is here when you need it most. While we cannot physically be together, we're still excited about giving back to the heroes who keep our community healthy.
- Registration is \$25. Everyone receives a virtual goodie bag and is eligible for great incentives, starting with a VeloCity t-shirt when you raise \$50! Anyone can join anytime, and all ages are welcome.

RUN, RIDE, OR WALK. SET YOUR GOALS. AND FINISH BY NOVEMBER 7.

- The challenge begins on September 7 and ends on November 7 with a virtual celebration.
- Choose to ride 20, 62, or 100 miles, walk or run 5 or 10 kilometers, or set your own distance.
- Join our Strava Clubs for fun challenges, training tips, opportunities to connect, and inspiration.
- Choose a fundraising goal, and we will encourage you along the way as you help Grady remain strong.

GRADY CAN'T DO IT ALONE. IT TAKES A TEAM.

- Starting or joining a team ensures that you have your own support system to help you train and fundraise.
- Employer-sponsored teams of all sizes can work together to meet - and exceed - fundraising goals.
- Teams are the best way to engage with your family, friends, or co-workers outside of the office while supporting Grady!

MOST IMPORTANTLY, IT'S FOR GRADY.

- The pandemic has given us a firsthand glimpse into the critical role that Grady plays in our community. Even as our frontline heroes continue to battle a global pandemic, we are saving lives, turning tragedies into miracles, and delivering quality, compassionate care to any patient who walks through our doors. Funds raised by VeloCity help support these real-life heroes!

FIND ALL THE DETAILS YOU NEED AT:

velocityatlanta.com

[facebook.com/
velocityatlanta](https://www.facebook.com/velocityatlanta)

JOIN OUR CLUBS VIA THE FREE STRAVA APP:

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(Walk/Run club)

[https://www.strava.com/
clubs/704202](https://www.strava.com/clubs/704202)
(Ride club)

HAVE A QUESTION? CONTACT:

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